



SnackLab
PROSITH, INC. | PLANT, YOGURT, & CO.
May 2024 MENU

<u>Week</u>	<u>Day</u>	<u>Entrée</u>	<u>Veggie Side</u>	<u>Fruit Side</u>	<u>Contains</u>
5/6-5/10	Monday	Spaghetti & Meat Sauce	Sweet Potatoes	Mixed Fruit	
	Tuesday	Grilled Cheese	Cheesy Broccoli	Melon	Dairy, Gluten
	Wednesday	Baked Chicken Strip	Mashed Potatoes	Apple Sauce	
	Thursday	Turkey Meatballs w/ Garlic Sauce	Grilled Corn	Banana	
	Friday	Mac & Cheese	Cucumbers + Hummus	Fruit + Overnight Oats	Dairy, Honey
5/13-5/17	Monday	Chicken Pasta Bake	Honey Roasted Carrots	Mixed Fruit	Dairy
	Tuesday	Fish Sticks	Mashed Potatoes	Apple Slices	
	Wednesday	Chicken/Hummus/Cheese Wrap	Cucumbers + Hummus	Fruit + Yogurt Parfait	Dairy, Gluten
	Thursday	Egg + Cheese Burrito	Cilantro Lime Rice	Banana	Dairy, Gluten, Egg
	Friday	Meatballs + Marinara	Cauliflower Grits	Tropical Fruit	Dairy
5/20-5/24	Monday	Turkey Meatballs w/ Garlic Sauce	Mashed Potatoes	Mixed Berries	
	Tuesday	Baked Chicken Strip	Cheesy Broccoli	Apple Sauce	Dairy
	Wednesday	Baked Ziti	Sweet Potatoes	Banana	Dairy
	Thursday	Grilled Cheese	Honey Roasted Carrots	Melon	Dairy, Gluten
	Friday	Chicken Pasta Bake	Green Beans	Mixed Fruit	Dairy
5/27-5/31	Monday	Meatballs + Marinara	Mashed Potatoes	Mixed Fruit	
	Tuesday	Chicken + Cheese Quesadilla	Black Beans	Melon	Dairy, Gluten
	Wednesday	Baked Chicken Strip	Cilantro Lime Rice	Fruit + Overnight Oats	Honey
	Thursday	Chocolate Banana Pancake	Roasted Breakfast Potatoes	Banana	Egg
	Friday	Chicken/Hummus/Cheese Wrap	Honey Roasted Carrots	Tropical Fruit	Dairy, Gluten