



SnackLab

PROSPECT HILL, VERMONT

July 2024 MENU

<u>Week</u>	<u>Day</u>	<u>Entrée</u>	<u>Veggie Side</u>	<u>Fruit Side</u>	<u>Contains</u>
7/1-7/5	Monday	Mac & Cheese	Sweet Potato	Mixed Fruit	Dairy
	Tuesday	Fish Sticks	Summer Corn Succotash	Peaches	
	Wednesday	Chicken + Cheese Quesadilla	Cilantro Lime Rice	Banana	Dairy, Gluten
	Thursday	NO SCHOOL			
	Friday	NO SCHOOL			
7/8-7/12	Monday	Chicken Pasta Bake	Summer Seasonal Veggies	Mixed Fruit	Dairy
	Tuesday	Turkey Meatballs w/ Garlic Sauce	Grilled Corn	Watermelon	
	Wednesday	Baked Chicken Strip	Cheesy Broccoli	Banana	Dairy
	Thursday	Chocolate Banana Pancake	Roasted Breakfast Potatoes	Peaches	Egg
	Friday	Spaghetti & Meat Sauce	Honey Roasted Carrots	Mixed Fruit	
7/15-7/19	Monday	BBQ Chicken	Mashed Potatoes	Mixed Fruit	
	Tuesday	Grilled Cheese	Cucumbers + Hummus	Peaches	Dairy, Gluten
	Wednesday	Chicken Fettucini Alfredo	Honey Roasted Carrots	Tropical Fruit	Dairy
	Thursday	Egg + Cheese Burrito	Black Beans	Watermelon	Dairy, Gluten, Egg
	Friday	Meatballs + Marinara	Summer Corn Succotash	Mixed Fruit	Dairy
7/22-7/26	Monday	Spaghetti & Meat Sauce	Honey Roasted Carrots	Mixed Fruit	
	Tuesday	Turkey + Potato Hash	Mashed Potatoes	Banana	
	Wednesday	Baked Chicken Strip	Cauliflower Grits	Apple Sauce	
	Thursday	Grilled Cheese	Cucumbers + Hummus	Cantaloupe	Dairy, Gluten
	Friday	Chicken Fettucini Alfredo	Grilled Corn	Mixed Fruit	Dairy
7/29-8/2	Monday	Chicken Pasta Bake	Green Beans	Mixed Fruit	Dairy
	Tuesday	Chicken + Cheese Quesadilla	Black Beans	Peaches	Dairy, Gluten
	Wednesday	Meatballs + Marinara	Sweet Potatoes	Tropical Fruit	Dairy
	Thursday	Chocolate Banana Pancake	Roasted Breakfast Potatoes	Watermelon	Egg
	Friday	Mac & Cheese	Honey Roasted Carrots	Mixed Fruit	Dairy